# CIAL DEVELOPMENT WORK THEORY AND METHODS

### NTRODUCTION

Social development work is a professional service which helps individuals, groups and communities obtain social or personal satisfaction and independence.

The aim of teaching this subject is to equip the trainees with knowledge of social development work, its theory and methods so as to be able to work with individuals, groups and communities.

The subject will also equip the trainees with the knowledge and skills to assess and amply curative, preventive and developmental intervention measures into social situations.

#### GENERAL OBJECTIVES

At the end of this subject, the trainee should be able

- a) understand and appreciate social development work as a profession;
- b) understand and explain the role and functions of social development work in National Development:
- c) understand the historical development of social development work profession:
- d) explain the theory of social develonment work and how it applies in practice:
- e) describe and apply the various methods of social development work in practical situations;
- f) practise social work in the context of established policies and aspirations

g) develop into a committed social development worker governed by acquired knowledge.

#### SUBJECT SUMMARY

- a) Introduction to Social Development work
- b) Social Development Work Theory
- c) Social Development Work Methods
- d) Field Practicum

### 1.4. CONTENT -

## 1.4.1. INTRODUCTION TO SOCIAL DEVELOPMENT WORK

### A. SPECIFIC OBJECTIVES

At the end of this tonic, the trainee will be able to:

- a) define social development work as a profession:
- b) understand and explain the indigenous processes or meeting needs and solving problems:
- c) understand and explain the similarities and differences between the indigenous and contemporary practices in social development work.

### B. TOPIC OUTLINE

- a) Meaning, nature and scope of social development work
- b) Historical development of social development work
  - i) indigenous processes of meeting social needs and solving social problems
  - ii) similarities and differences between indigenous and contemporary practices of social development work

### C. LEARNING AND INSTRUCTIONAL METHODOLOGY

- a) Lectures
- b) Group discussions
- c) Class discussions
- d) Tutorials

### D. ASSESSMENT

- a) Tests
- b) Oral questions
- c) Assignments

### 1.4.2. SOCIAL DEVELOPMENT WORK THEORY

### A. SPECIFIC OBJECTIVES

At the end of this topic, the trainee will be able

- a) understand and appreciate the principles, values and ethics of social development work;
- b) understand and explain theory of social development work to practical situations..

### B. TOPIC OUTLINE

- a) Principles, values and ethics
- b) Social Development Work Theory
  - i) Psycho-analytic theory
  - ii) Social learning theory
  - iii) Social system theory
    - iv) Humanistic existential theory
    - v) Conflict theory
- c) Relationship between theory and practice.

# LEARNING AND INSTRUCTIONAL METHODOLIGY

- a) Lectures
- b) Class discussions
- c) Group discussions
- d) Role play
- e) Tutorials

### D. ASSESSMENT

- a) Tests
- b) Assignments
- c) Oral questions

# 1.4.3. METHODS OF SOCIAL DEVELOPMENT WORK

# A. SPECIFIC OBJECTIVES

At the end of this topic, the trainee will be able to:

- a) understand and explain the methods of social work:
- b) understand and apply the processes of case work, group work and community to practical situations.
- c) relate research skills and techniques to social development work methods:
- d) understand and explain the interrelationships between the various methods of social development work;
- e) explain the meaning of social policy and administration.

### PIC OUTLINE

a) Methods of social development work

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- (i) Case work .
  - . Definition of case work
  - . Historical development of case work
  - . Components of case work
  - . Principles of case work
  - . Processes in case work
  - . Skills and techniques of case work.

### (ii) Group work

- . Definition of Group work
- . Principles of group work
- . Elements of group work
- . Processes of group work
- . Types of group work

### (iii) Community work

- . Community survey
- . Principles of community work
- . Assumptions of community work
- . Components of community work
- . Approaches of community work

### (b) Research skills and techniques

- (i) Statement of research problem
- (ii) Formulation of hypothesis
- (iii) Research design
- (iv) Data collection
  - (v) Data analysis
- (vi) Conclusion

### (c) Social Policy and Administration

- (i) · Formulation of social policy
- (ii) Interpretation of social policy
- (iii) Implementation and Administration of social policy

# RNING AND INSTRUCTIONAL METHODOLOGY

- Lectures
- h) Class discussions
- e) Group discussions
- (d) Role play

## ASSESSMENT

- (a) Tests
- (b) Oral questions
- (c) Assignments
- (d) Observation

# SOCIAL DEVELOPMENT WORK FIELD PRACTICUM

### SPECIFIC OBJECTIVES

At the end of this topic, the trainee will be able to:

- (a) amply the acquired theoretical knowledge intopractical situations:
- (b) interract with clients;
- (c) work effectively as a social worker

### TOPIC OUTLINE

- (a) Field Work Guidelines
  - (i) Community study
  - (ii) Agency administration
  - (iii) Report writing
    - (iv) Supervision

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lationship with other professionals and para cofessionals

- (i) Referrals
- hi) Team work
- ii) Consultation

## NING AND INSTRUCTIONAL METHODOLOGY

Lectures

Field visits

Group discussions

- i) Assignments
- e) Field attachment

### ASSESSMENT

- (1) Written-report
- (b) Supervision-report
- (c) Oral presentations
- (d) \_ Oral examination